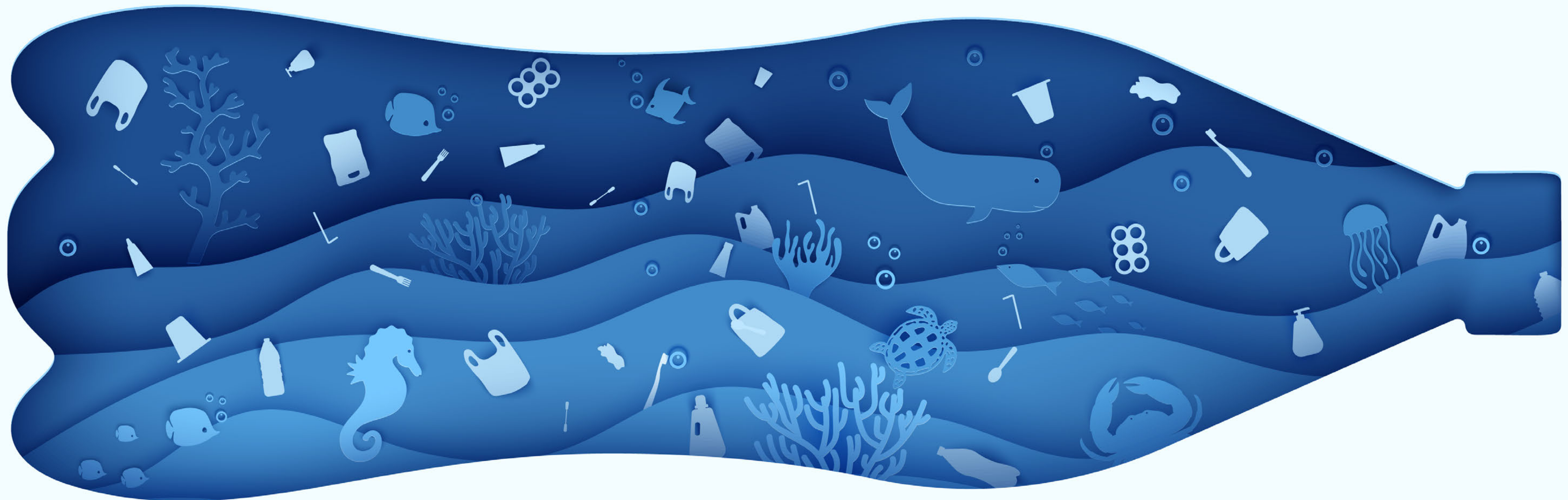




# STOP OCEAN PLASTIC



# FOREWORD

**AS AN ENTHUSIASTIC DIVER, I HAVE ALWAYS BEEN IN AWE OF AQUATIC LIFE. IN MY QUEST TO LEARN MORE ABOUT UNDERWATER LIFE FORMS, I BECAME INCREASINGLY AWARE OF THE GROWING CONCERN SURROUNDING OUR OCEANS. THIS PLANTED THE SEED FOR THE BLUE VOICE. THE MOST PROMISING WAY TO PRESERVE OUR PLANET'S MARINE ECOLOGY WAS BY CREATING AWARENESS. CONNECTING WITH OTHER YOUNGER STUDENTS WAS THE OBVIOUS WAY FOR ME TO START AND HENCE THEY WERE MY IMMEDIATE AUDIENCE. I CHOSE PRIMARY SCHOOL STUDENTS AS I BELIEVE THAT CONSERVATION AND AWARENESS SHOULD BE TAUGHT FROM A YOUNG AGE. AWARENESS ENABLES PEOPLE TO ALTER THEIR DECISION MAKING, AND IF THIS CAN BE DONE FROM A YOUNGER AGE THE EARTH WILL HAVE A BRIGHTER FUTURE. I ALSO DESIGNED THE BOOK WITH THIS IN MIND, SO THAT IT IS EASY TO UNDERSTAND, HAS MULTIPLE FACT FILLED GRAPHICS AND FUN QUIZZES.**

**- ISHAN KAPUR  
FOUNDER, THE BLUE VOICE  
[WWW.THEBLUEVOICE.ORG](http://WWW.THEBLUEVOICE.ORG)**

# CONTENTS

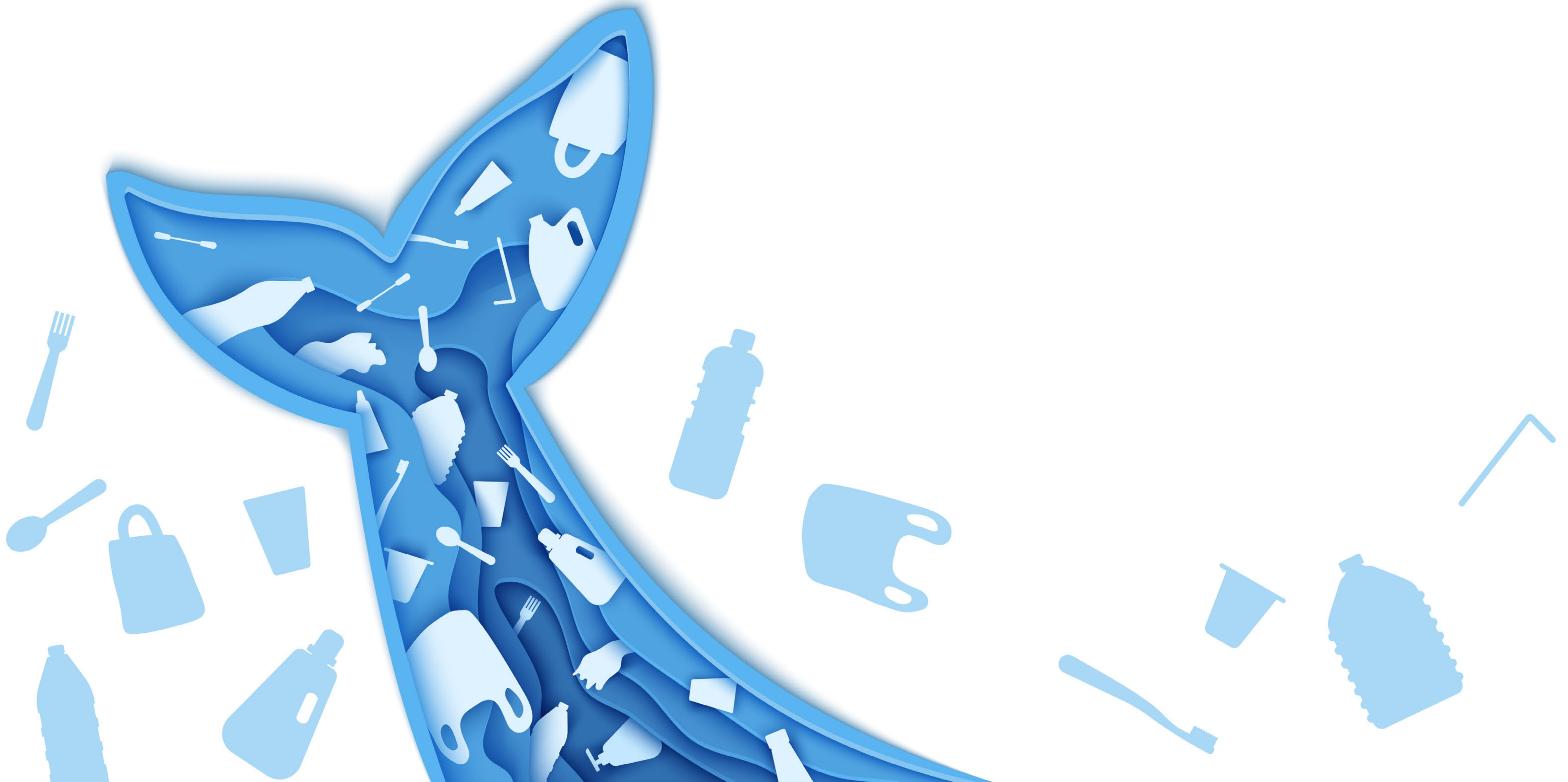
OCEAN FACTS

WHY ARE OCEANS IMPORTANT

PLASTIC IN OUR OCEANS

ACTIVITIES

# OCEAN FACTS





**STOP  
OCEAN  
PLASTIC  
POLLUTION**

**GREAT PACIFIC GARBAGE PATCH IS 1.6 MILLION SQ KM**

**SAVE**  
OUR OCEANS



**PLASTIC BREAKS DOWN INTO SMALLER PIECES  
KNOWN AS MICROPLASTICS, WHICH OUTNUMBER THE STARS  
IN THE MILKY WAY BY 500X**



**STOP  
OCEAN  
PLASTIC  
POLLUTION**

**THERE IS OVER 150 MILLION TONS OF PLASTIC  
ALREADY FLOATING IN THE SEA**

**SAVE**  
OUR OCEANS

**ACCORDING TO THE INTERNATIONAL  
UNION FOR CONSERVATION OF  
NATURE'S (IUCN) RED LIST OF  
ENDANGERED SPECIES, 1,616 SPECIES  
OF FISH ARE AT RISK FOR EXTINCTION;  
ANOTHER 989 ARE ENDANGERED  
AND 627 ARE CRITICALLY ENDANGERED**







**IT HAS BEEN ESTIMATED THAT BETWEEN 0.97 - 2.7 TRILLION FISH  
ARE CAUGHT FROM THE WILD AND KILLED EVERY YEAR**

**SAVE**  
OUR OCEANS



**EACH YEAR 3.9 BILLION ACRES OF SEAFLOOR IS CLEARED**  
**THE 3.9 BILLION ACRES IS EQUIVALENT TO**  
**4316 FOOTBALL FIELDS BEING CLEARED EVERY MINUTE**

**SAVE**  
**OUR OCEANS**



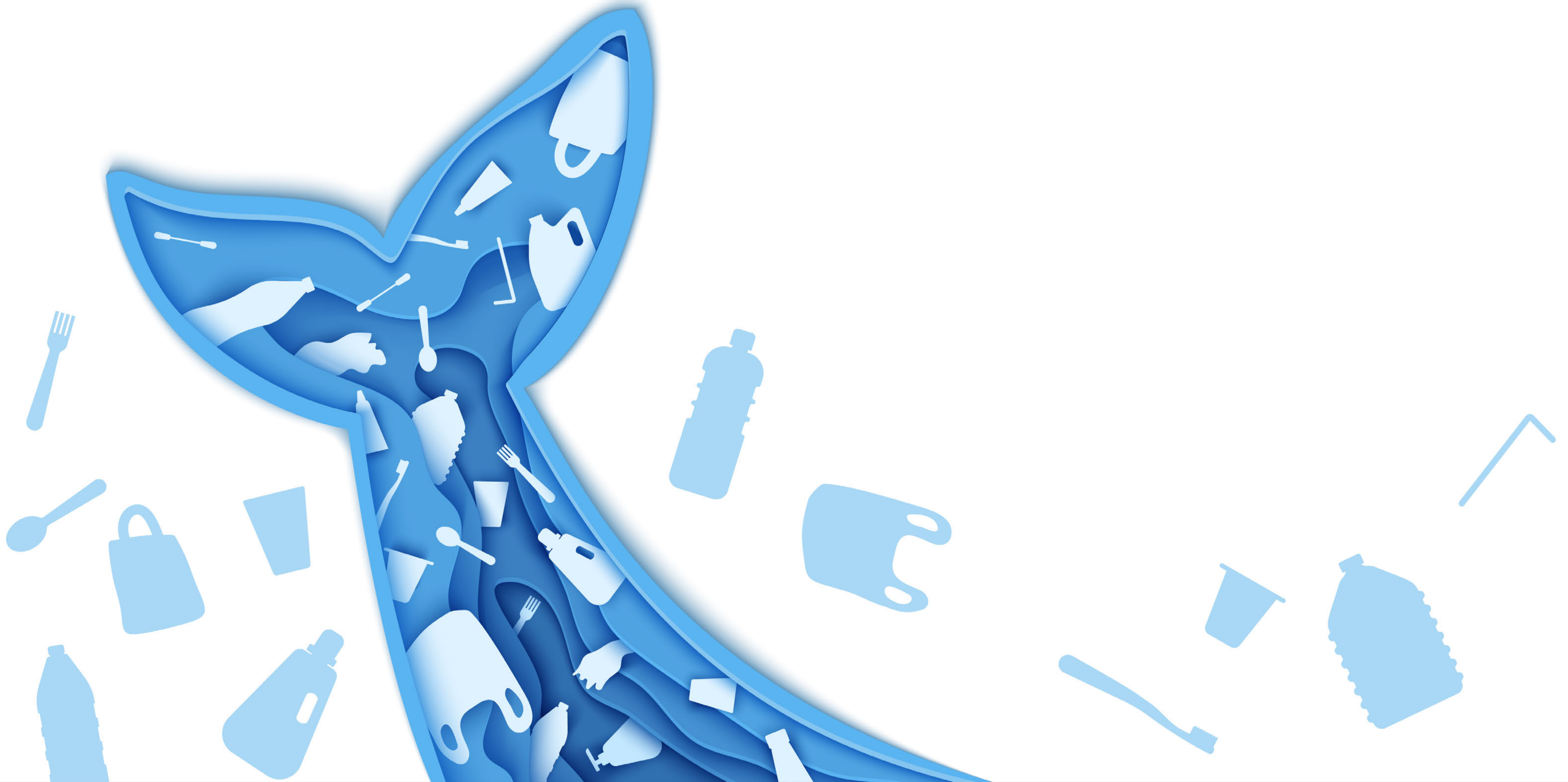
**100 MILLION SHARKS KILLED EACH YEAR**

**STOP  
OCEAN  
PLASTIC  
POLLUTION**



**15 OCEAN ANIMALS HAVE GONE EXTINCT IN THE LAST  
100 YEARS, AND 72 MORE ARE ON THE VERGE OF EXTINCTION**

# WHY ARE OCEANS IMPORTANT





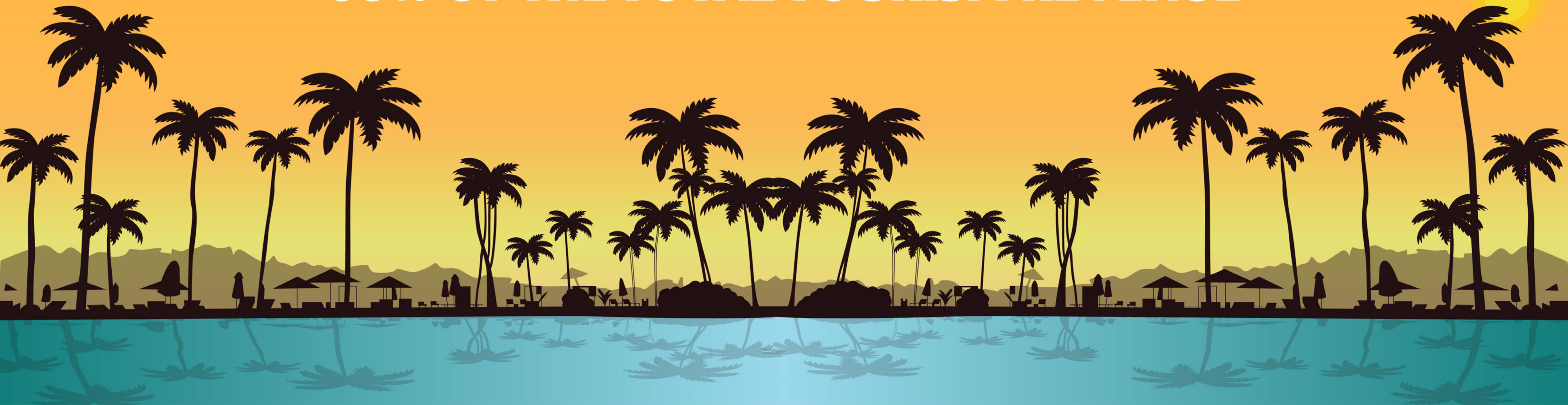
**FISHING IS A  
LIVELIHOOD FOR**

**700 MILLION  
PEOPLE AROUND  
THE WORLD**

APPROXIMATELY 1/3RD OF THE WORLD'S  
POPULATION LIVES NEAR THE OCEAN



COASTAL DESTINATIONS GENERATE UPTO  
80% OF THE TOTAL TOURISM REVENUE



**SEAFOOD IS THE  
PRIMARY SOURCE OF  
PROTEIN FOR OVER  
THREE BILLION PEOPLE**





**USING VARIOUS COMPOUNDS AND  
EXTRACTS FROM THE SEA  
PHARMACEUTICALS ARE CREATING**



**MEDICINES TO CURE CHRONIC DISEASES  
SUCH AS ASTHMA, ARTHRITIS  
AND SEVERAL TYPES OF CANCER**

# PHYTOPLANKTON:

THE HUGE POPULATION OF MICROSCOPIC

ORGANISMS CALLED PHYTOPLANKTON

PRESENT IN THE SEA PRODUCE 50% OF

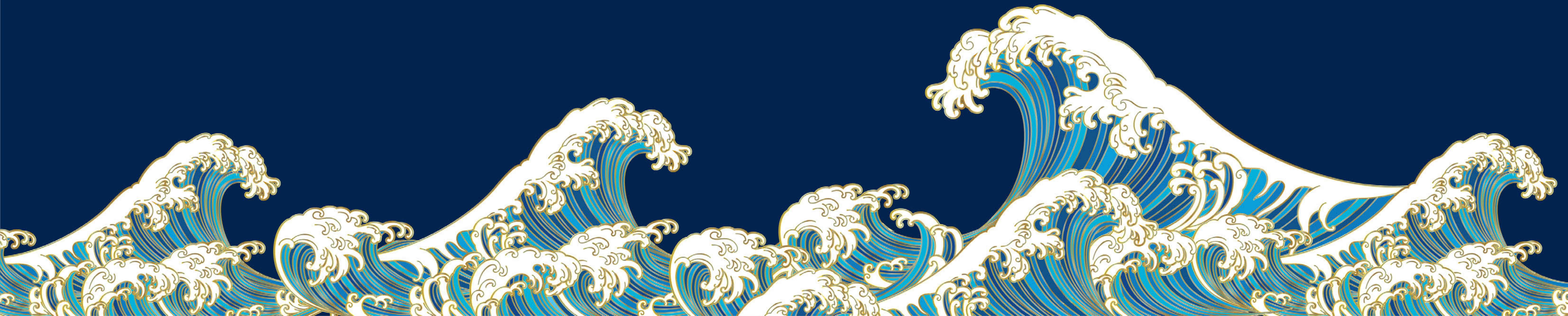
THE EARTH'S OXYGEN AND ALSO

ABSORB CARBON DIOXIDE



**WAVE POWER IS BEING INCREASINGLY  
RECOGNIZED AS A RENEWABLE SOURCE OF ENERGY**

**AN EARLY ESTIMATE SUGGESTS THAT  
SCOTTISH WATERS CAN GENERATE UPTO  
10% OF EUROPE'S ENTIRE WAVE POWER NEEDS**



**THE WATER CYCLE RELIES ON THE OCEANS FOR SURFACE WATER THAT EVAPORATES INTO WATER VAPOUR WITH THE SUN'S HEAT, RISES UP, CONDENSES WITH COOL AIR AND FORMS CLOUDS AND RAIN**

+20 °C



SUN  
+25 °C



MON  
+19 °C



TUE  
+19 °C



WED  
+15 °C



THU  
+10 °C

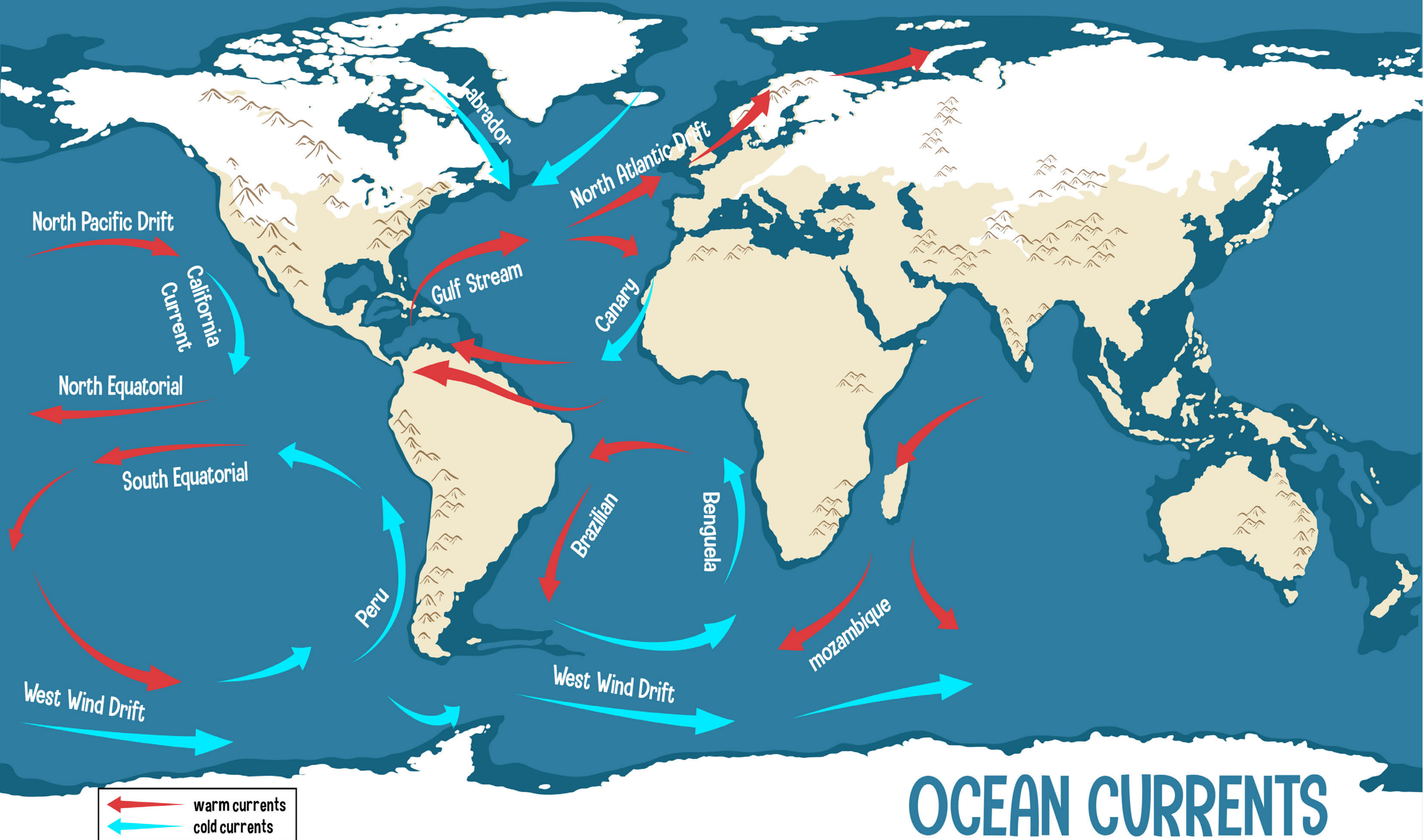


FRI  
+8 °C



SAT  
+20 °C

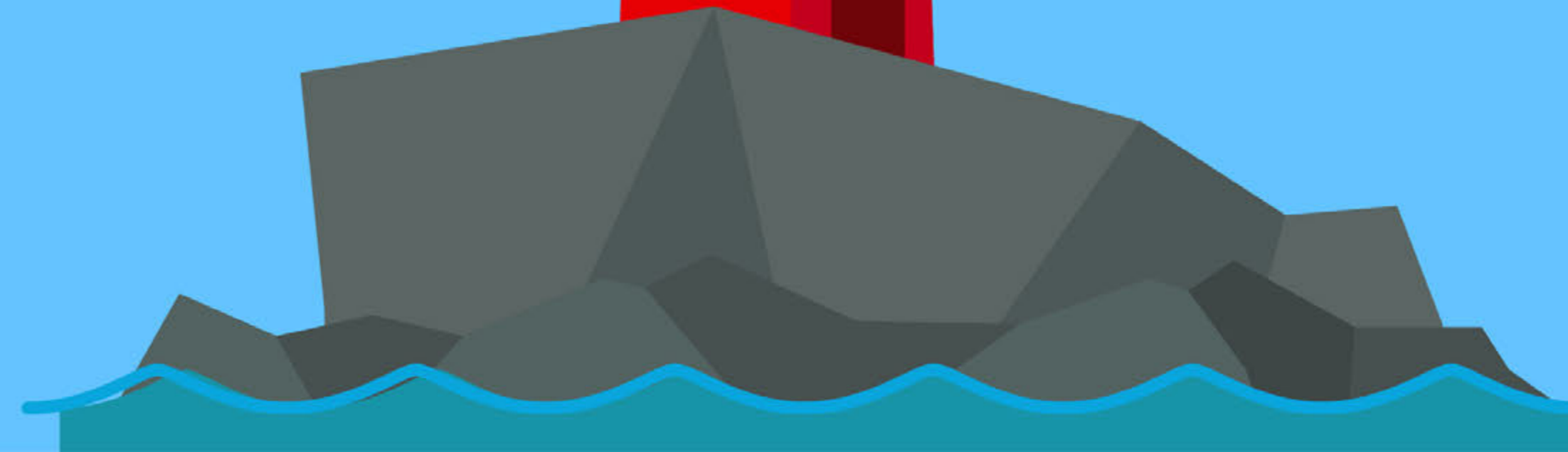
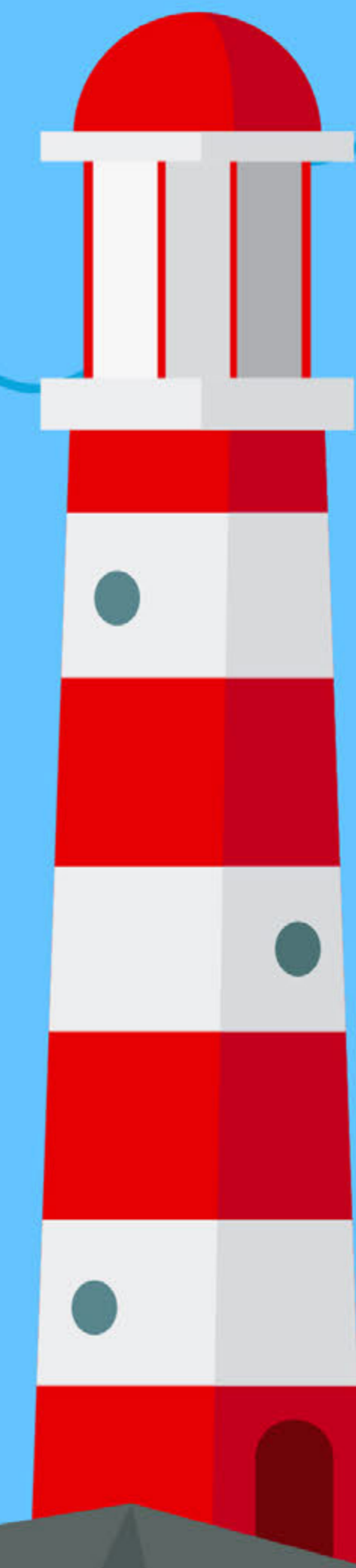
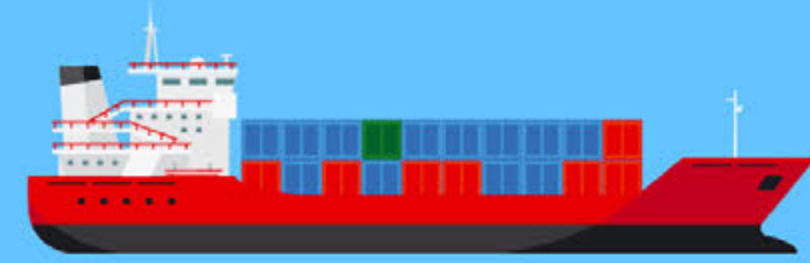
# OCEANS ABSORB THE SUN'S HEAT AND DISTRIBUTE IT AROUND THE GLOBE TO REGULATE THE CLIMATE



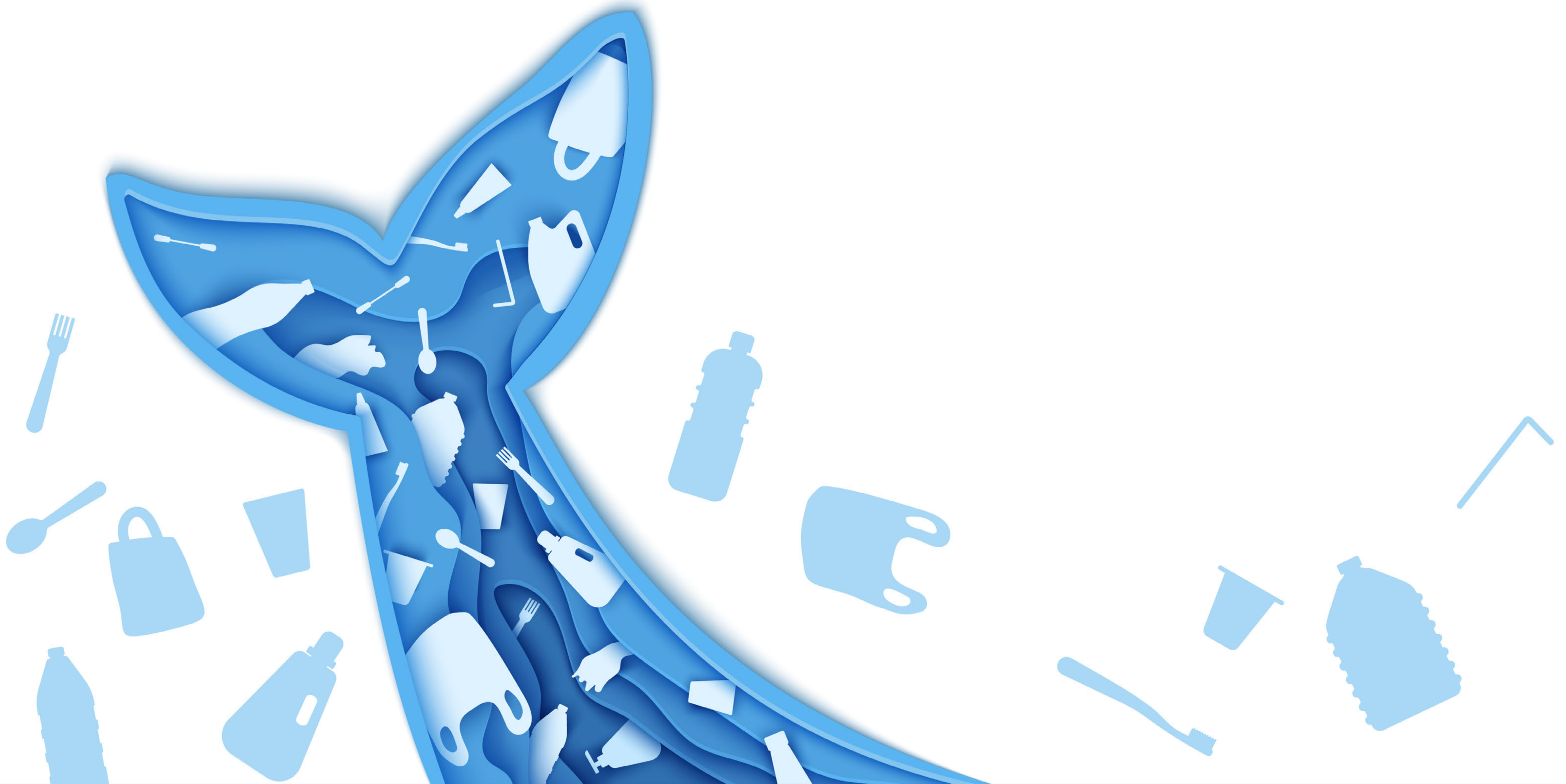
The background is a vibrant blue gradient representing the ocean. It features silhouettes of various marine life: a large shark in the upper right, a school of small fish in the upper center, a ray on the left, a sea turtle at the bottom right, and a variety of coral and seaweed along the bottom edge. The text is centered in a white, bold, sans-serif font.

**THE RICH BIODIVERISTY OF OUR OCEANS  
MAKE THEM HOME TO THE LARGEST ANIMAL  
IN THE WORLD - THE BLUE WHALE  
AS WELL AS THE TINY KRILL  
THEY FEED ON**

ALMOST 90% OF TRADE  
BETWEEN COUNTRIES  
IS CARRIED THROUGH  
OCEAN TRANSPORT  
AND TRADE ROUTES



# PLASTIC IN OUR OCEANS

















# WORD JUMBLE

1. AKSSRH  
-----
2. ENISNLBE  
-----
3. ASBCR  
-----
4. NIOL FHIS  
-----
5. HAWSLLO SESA  
-----
6. ALEAG  
-----
7. ANNTKOPL  
-----
8. MIDLED EATS  
-----
9. OTNUCCO HLELS  
-----
10. NWLCIHOF S  
-----
11. YLPPO  
-----
12. EHTUFCSTIL  
-----
13. GNOSERU FHIS  
-----
14. MCUCLIA AEBTRONCA  
-----
15. ANOCE RUERN SCT  
-----
16. BOBBTI  
-----
17. RNGEE TLUSRET  
-----
18. BETEOTONLS HODSPLNI  
-----
19. EELNTSMOI  
-----
20. HIERMT BCRA  
-----

# WORD JUMBLE

21. NTMAA RSYA

-----

22. LKDADBEASC OCIHNSFLW

-----

23. LORAC ROPERGU

-----

24. CTIPRSO

-----

25. BRALMED RRUPGEO

-----

26. PTORRA IFHS

-----

27. CRALO ERESF

-----

28. MAAABHS

-----

29. IERZDFEILT SEGG

-----

30. ERCNFH YPNLIOEAS

-----

31. RTCPEA MNEOEAN

-----

32. MVASLIDE

-----

33. UELTRT RKOC

-----

34. DRE AES

-----

35. REATG ABRERIR FREE

-----

36. OPUSTCO

-----

37. REGY REFE HKSSAR

-----

38. ENOORB

-----

39. RALOC IGARENTL

-----

40. IESAARTPS

-----

41. SAE UCERCBUM

-----



# WORD JUMBLE KEY

1. AKSSRH Sharks
2. ENISNLBE Blennies
3. ASBCR Crabs
4. NIOL FHIS Lion Fish
5. HAWSLLO SESA Shallow Seas
6. ALEAG Algae
7. ANNTKOPL Plankton
8. MIDLED EATS Middle East
9. OTNUCCO HLELS Coconut Shell
10. NWLCIHOF S Clownfish
11. YLPPO Polyp
12. EHTUFCSTIL Cuttlefish
13. GNOSERU FHIS Surgeon Fish
14. MCUCLIA AEBTRONCA Calcium Carbonate
15. ANOCE RUERNSCT Ocean Currents
16. BOBBTI Bobbit
17. RNGEE TLUSRET Green Turtles
18. BETEOTONLS HODSPLNI Bottlenose Dolphins
19. EELNTSMOI Limestone
20. HIERMT BCRA Hermit Crab

# WORD JUMBLE KEY

21. NTMAA RSYA Manta Rays
22. LKDADBEASC OCIHNSFLW Saddleback Clownfish
23. LORAC ROPERGU Coral Grouper
24. CTIPRSO Tropics
25. BRALMED RRUPGEO Marbled Grouper
26. PTORRA IFHS Parrot Fish
27. CRALO ERESF Coral Reefs
28. MAAABHS Bahamas
29. IERZDFEILT SEGG Fertilized Eggs
30. ERCNFH YPNLIOEAS French Polynesia
31. RTCPEA MNEOEAN Carpet Anemone
32. MVASLIDE Maldives
33. UELTRT RKOC Turtle Rock
34. DRE AES Red Sea
35. REATG ABRERIR FREE Great Barrier Reef
36. OPUSTCO Octopus
37. REGY REFE HKSSAR Grey Reef Sharks
38. ENOORB Borneo
39. RALOC IGARENTL Coral Triangle
40. IESAARTPS Parasites
41. SAE UCERCBUM Sea Cucumber

# WORD SEARCH

Y	S	C	A	L	L	O	P	D	Q	P	W	C	Z	D	P	H	R	G
J	P	C	O	C	A	W	G	I	A	E	X	D	O	E	S	O	A	E
M	N	I	H	C	R	U	A	E	S	V	B	C	T	I	B	L	T	Q
H	A	H	X	N	O	Z	K	G	T	I	T	W	F	U	L	U	S	N
E	L	L	H	H	C	N	O	C	S	O	Y	R	C	I	O	M	E	S
R	E	F	C	M	C	C	H	E	P	T	E	X	R	L	W	E	L	E
M	E	D	B	Y	U	L	A	U	S	F	I	K	U	Q	F	V	T	A
I	Y	K	A	W	R	O	S	N	F	R	Z	N	N	P	I	L	T	S
T	A	R	R	O	F	B	H	U	C	D	O	Z	G	S	S	U	I	T
C	R	L	C	C	X	S	P	W	Z	W	Q	H	R	R	H	Y	R	A
R	O	K	E	A	D	T	H	I	K	L	E	K	A	M	A	Q	B	R
A	M	R	O	E	S	E	A	C	U	C	U	M	B	E	R	Y	U	A
B	X	E	H	S	L	R	F	W	I	X	L	L	Y	H	S	B	F	P
W	N	T	S	K	Z	Q	G	J	E	L	L	Y	F	I	S	H	M	D
B	M	S	E	A	A	N	E	M	O	N	E	D	N	M	N	I	I	U
Q	X	Y	S	H	U	G	R	U	T	H	M	V	P	I	R	U	N	F
S	I	O	R	W	X	K	Z	P	H	I	W	N	W	H	Q	I	M	W
W	Z	O	O	P	L	A	N	K	T	O	N	L	S	S	Q	R	Z	L
P	A	X	H	Q	F	X	M	D	Y	R	O	D	N	H	O	J	A	L

# WORD SEARCH LIST

SEA COW

SEA CUCUMBER

SEA HORSE

SEA STAR

SEA URCHIN

SHRIMP

SQUID

STINGRAY

WHELK

ZOOPLANKTON

JOHN DORY

KRILL

LOBSTER

MORAY EEL

OCTOPUS

OYSTER

PUFFERFISH

RAY

SCALLOP

SEA ANEMONE

BLOWFISH

BRITTLE STAR

CLAM

CONCH

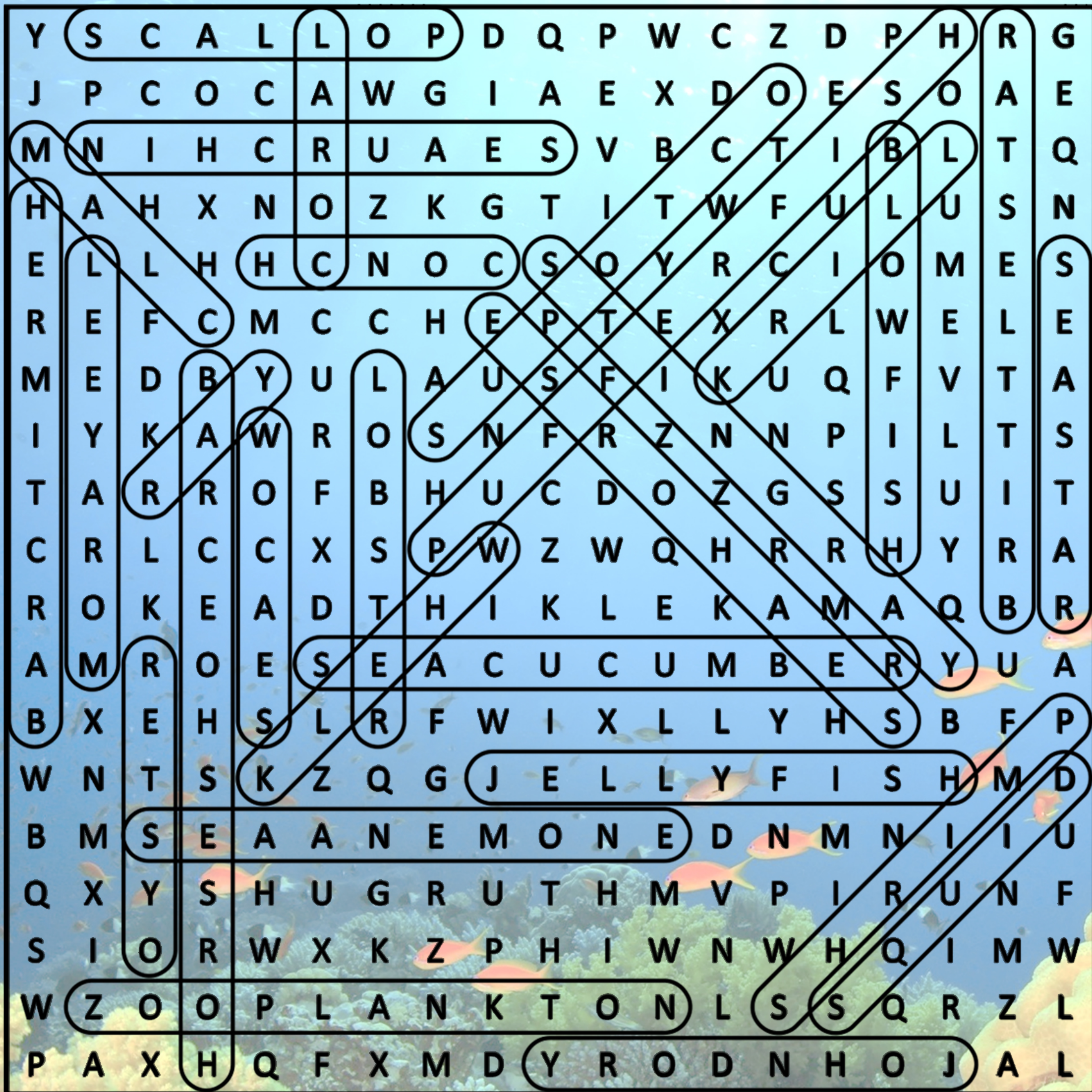
CORAL

HERMIT CRAB

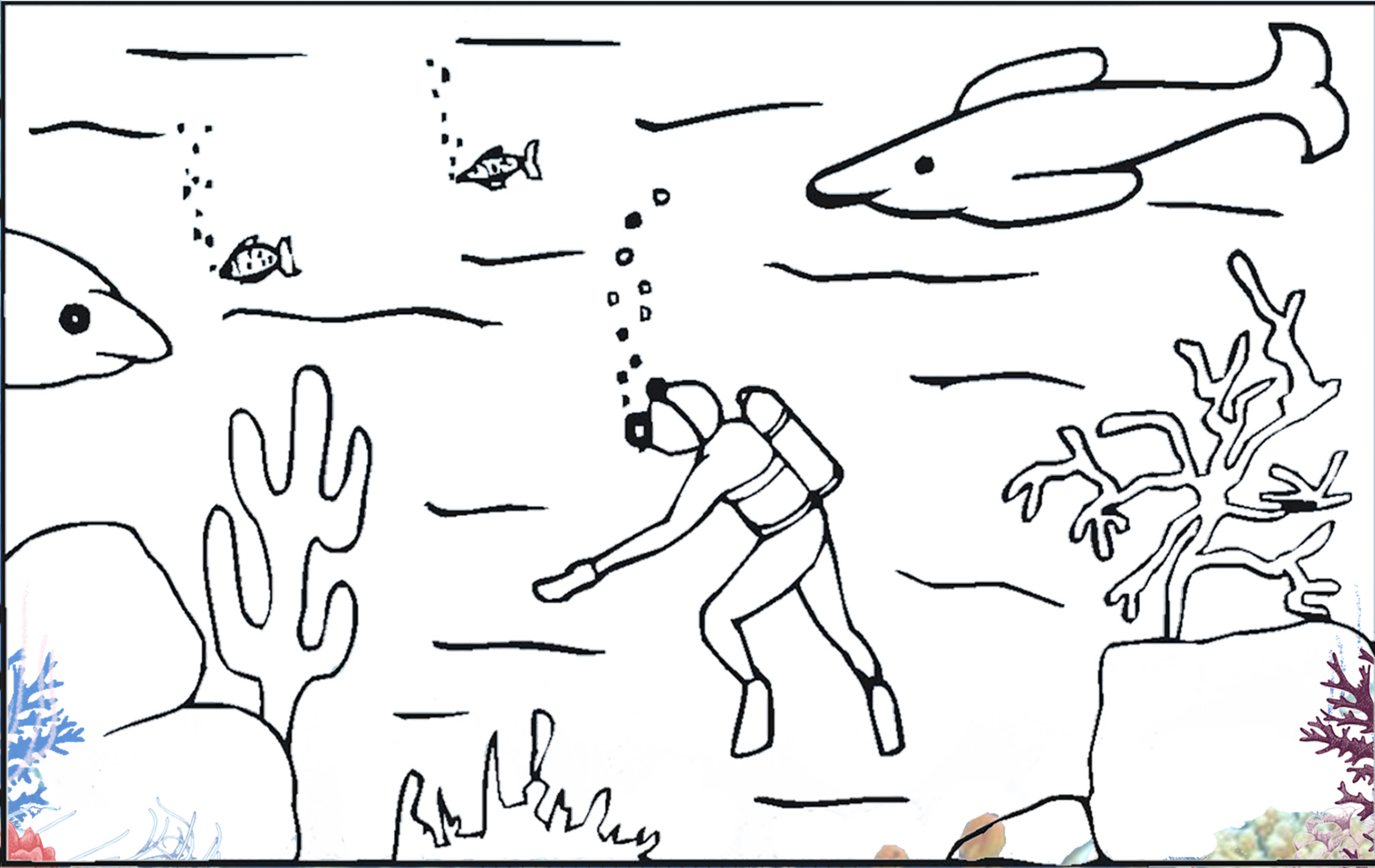
HORSESHOE CRAB

JELLYFISH

# WORD SEARCH KEY



**COLOUR THE PICTURE**



# WORD SEARCH

C C U J K O R E P U O R G D E L B R A M N T R G G K F G Y G T E Z C Q O  
O Q F A E S D E R U Q B H C V A E H C L S I X H L I O S O D Q Q F O K O  
H F N P H S Q Q I C C E S H S N I H P L O D E S O N E L T T O B K J R Z  
B X D Y X G T W A B T P B A Z A C Z P S N K S E I N N E L B Y C O G M M  
T P D Z W G D L L E H S T U N O C O C D I N F Z O S M S A I M W J Q T I  
V Y A X Z E G F Y G T W T P I W A T Z L W F W V C Q P J Y V M T T Y X D  
T X W G H D F F G F Z B Z Y C T S V G T H S E L T R U T N E E R G C E D  
C E K Q D E X Q B F J G A N H E R M I T C R A B Y Y K V H B E G X G D L  
I I F L A Z X A B I X S S Z M H V Q X B K R V D I Q J S W A U E I Z A E  
P Q Z K Z I V H S I F N W O L C K C A B E L D D A S I E D H H C L M N E  
C A L C Y L R S X B T B X N Q Y B O B B I T M J G F A Q B A P C D B B A  
O Q R A O I Y T I Y T R R C V V T A Z I L M N W N G G N C M O D N Y H S  
R N N R P T E E L B T L R Q Q Y H E K A I S A O L G Z A K A G R E H O T  
A V I M W R P B Q U X T I P J V V H U J C Z E A W M S T O S Y C K K M U  
L Z V I E E Z N R S S U U M A Z W P I K Y G S T N E R R U C N A E C O A  
R A X D G F S T O Z B V J F V R Z J Y V R C K V H O I H K G M G B U I Z  
E C D F J U L G H S R W X E Y F A W Q U C L G Y L P X W E F R N X S T M  
E E W F P E Y K Z E Z A L E R P A S S N Y Y M K D L O L A E I W E U A M  
F D P O R J Z P B N W J N R E J N U I Q A Z B F U T G U Y O U N C L U J  
S Y T O E A X M I C C J O R P H S I F T O R R A P N E R F M Y A D C V H  
J C C R L N U M Y A L Z M E U H E W L G E P W I A V E G V L P I V H E S  
O K U H C C K M X R T C C I O S U Z J F S S Q I H E M V O Z V E A D X T  
Z W A I U S P H G P Q I E R R I Q K D J F E R M F H R P Q E K P R U I W  
Q R X C M M E T I E X S N R G F L Q B E P T I S D Q H H S I F N W O L C  
O N A R J T V S X T R P J A L E Z U W G L O H V W C L Y J U K I A E D J  
Y E K J M K G Y Z A Q O L B A L X D B A B A Y X N I H K J Q S L G R D O  
S V T C L O D A P N A X I T R T O R R K R P Q E M W J A J Y H D E D Q S  
S J R P K D O R T E Z G O A O T Y O F K A X R E B N M E X O A K L Y G T  
C S Y L N L O A B M V N N E C U C H S Y H F S J H P J K S E L A G G V X  
R S W I K I S T D O C H F R R C R F B M L T H W G L O X S N L T L L T T  
A N S E G H G N Q N P W I G Q Y D F R O O X P Z A A Z W D R O R D E X M  
B J R K E H Y A Z E T U S E D M K U S N M P I N W N R Q K O W O V O J O  
S H K H R N K M X O K F H U E N L K E F T O Q W F K P L Y B S P X K B O  
T G U E T A N O B R A C M U I C L A C J O L B Q M T R N H X E I S U L A  
Z O B E Q Z H Z Q L D V E E S Q L Z Y Q M Y P F P O L P T E A C D P Y R  
H X E B E T W S Z E A I H F M E X M P G H P Y Z J N K D S V S S E E B S

# WORD SEARCH LIST

**Coral Triangle**  
**Sharks**  
**Great Barrier Reef**  
**Calcium Carbonate**  
**Borneo**  
**Algae**  
**Bottlenose Dolphins**  
**Plankton**  
**Carpet Anemone**  
**French Polynesia**  
**Fertilized Eggs**  
**Crabs**  
**Tropics**  
**Polyp**  
**Green Turtles**  
**Surgeon Fish**  
**Middle East**  
**Manta Rays**  
**Saddleback Clownfish**  
**Coconut Shell**  
**Ocean Currents**

**Coral Reefs**  
**Limestone**  
**Coral Grouper**  
**Sea Cucumber**  
**Turtle Rock**  
**Parasites**  
**Bahamas**  
**Lion Fish**  
**Clownfish**  
**Marbled Grouper**  
**Cuttlefish**  
**Shallow Seas**  
**Octopus**  
**Parrot Fish**  
**Blennies**  
**Red Sea**  
**Maldives**  
**Bobbit**  
**Hermit Crab**  
**Grey Reef Sharks**





# CROSSWORD READING

Yikes!  
What is this  
thing that's  
stuck on my leg?



People make items out of plastic because it is a durable, low-cost and shatterproof material for things like soda bottles. Many people, thinking about the environment, reuse plastic items or

recycle them into other goods like playground materials, stadium seating, carpeting or even soft, fleece clothing. As use of plastic grows and some people carelessly throw plastic items onto the ground or into waterways, "plastic pollution" continues to increase. Most plastics take a very long time to break down and can stay floating in water or the oceans for years. The plastic can be harmful to ocean wildlife like sea turtles, fish and seabirds. Animals can get caught in plastic nets or rings. Some animals may eat pieces of plastic, mistaking them for food. This pollution can affect foods for humans, too.

# CROSSWORD

environment

microplastic

1 bacteria

2

3 food

4

5

6

7

8

wrappers

bag

seabirds

tiny

The crossword puzzle grid consists of the following words:

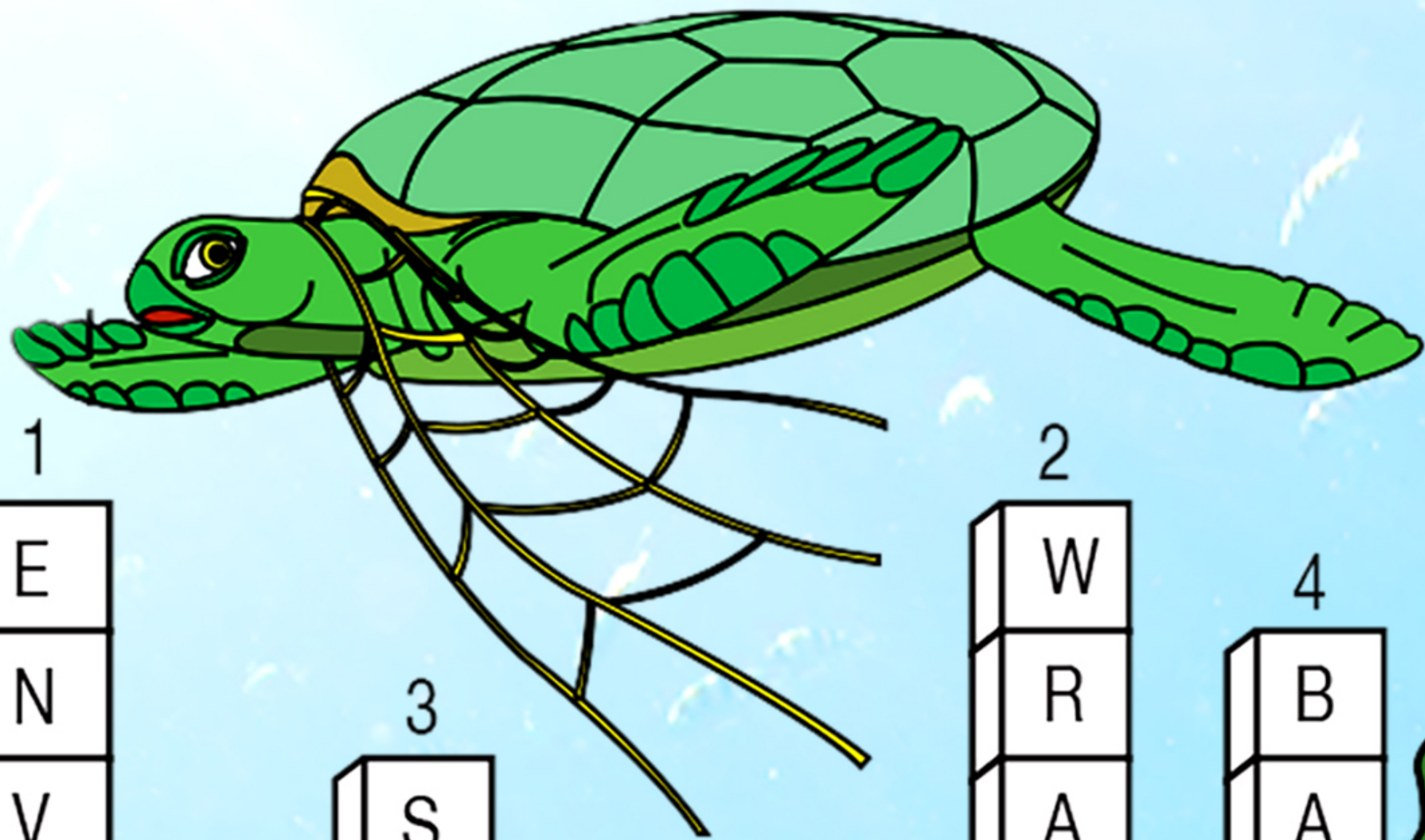
- Across 6: **plastic**
- Across 7: **trash**
- Across 8: **pollution**
- Down 1: **plastic**
- Down 2: **pollution**
- Down 3: **plastic**
- Down 4: **plastic**
- Down 5: **plastic**

# CROSSWORD CLUES

Read the clues to fill in the crossword puzzle:

1. scientists don't fully understand the impact plastic pollution will have on the \_\_\_\_\_
2. food \_\_\_\_\_ make up about one third of all plastic pollution: bottles, bags, and straws also are a problem
3. more than half of all \_\_\_\_\_ have eaten plastic
4. biodegradable plastics can be eaten by microscopic \_\_\_\_\_ and will break down over time
5. when plastic is broken down by bacteria they drop \_\_\_\_\_ pieces called *microplastic*
6. microplastic looks and even smells like \_\_\_\_\_ to some sea creatures
7. plastic item most commonly eaten by sea creatures is a \_\_\_\_\_
8. \_\_\_\_\_ can hurt the insides of sea creatures; if people eat those creatures, *they* could be hurt

# CROSSWORD KEY



1  
E  
N  
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R  
O  
N  
M  
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C  
R  
O  
P  
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S  
T  
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R

3  
S  
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G  
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D  
S

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C  
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I  
N  
Y

5  
T  
I  
N  
Y

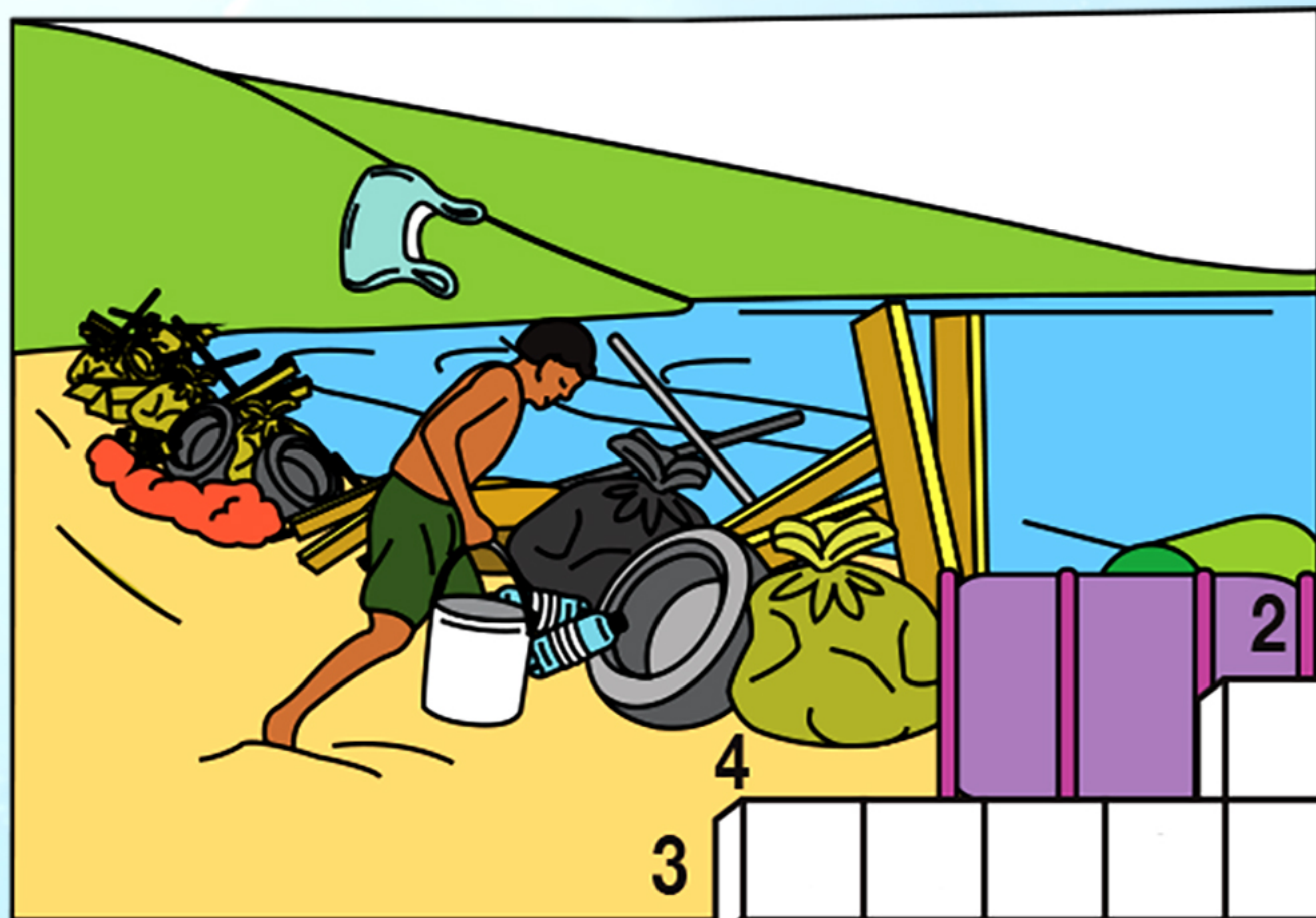
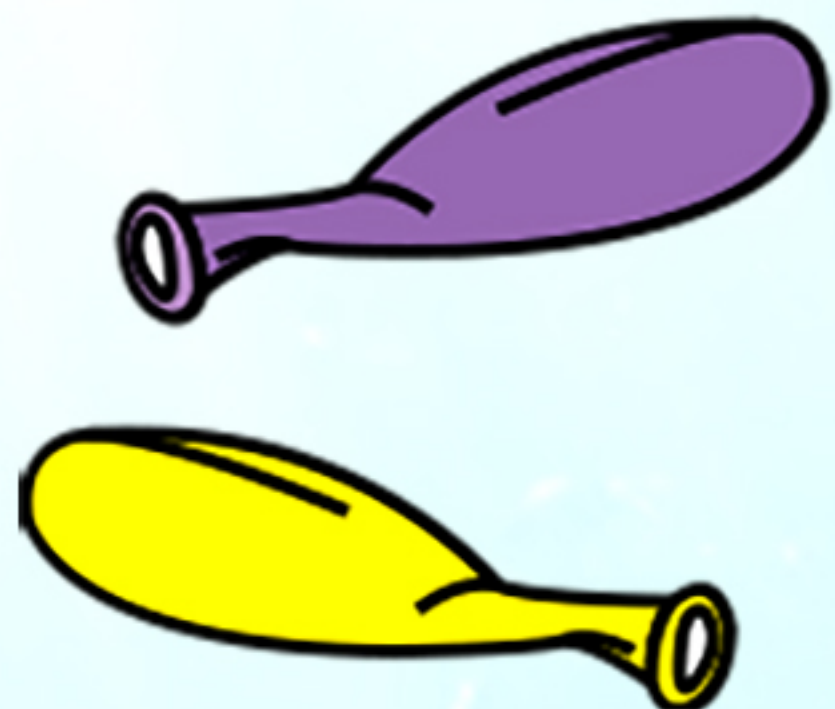
6  
F  
O  
O  
D

7  
B  
A  
G

8  
M  
I  
C  
R  
O  
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L  
A  
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C



# CROSSWORD



1

2

3

4

5

6

7

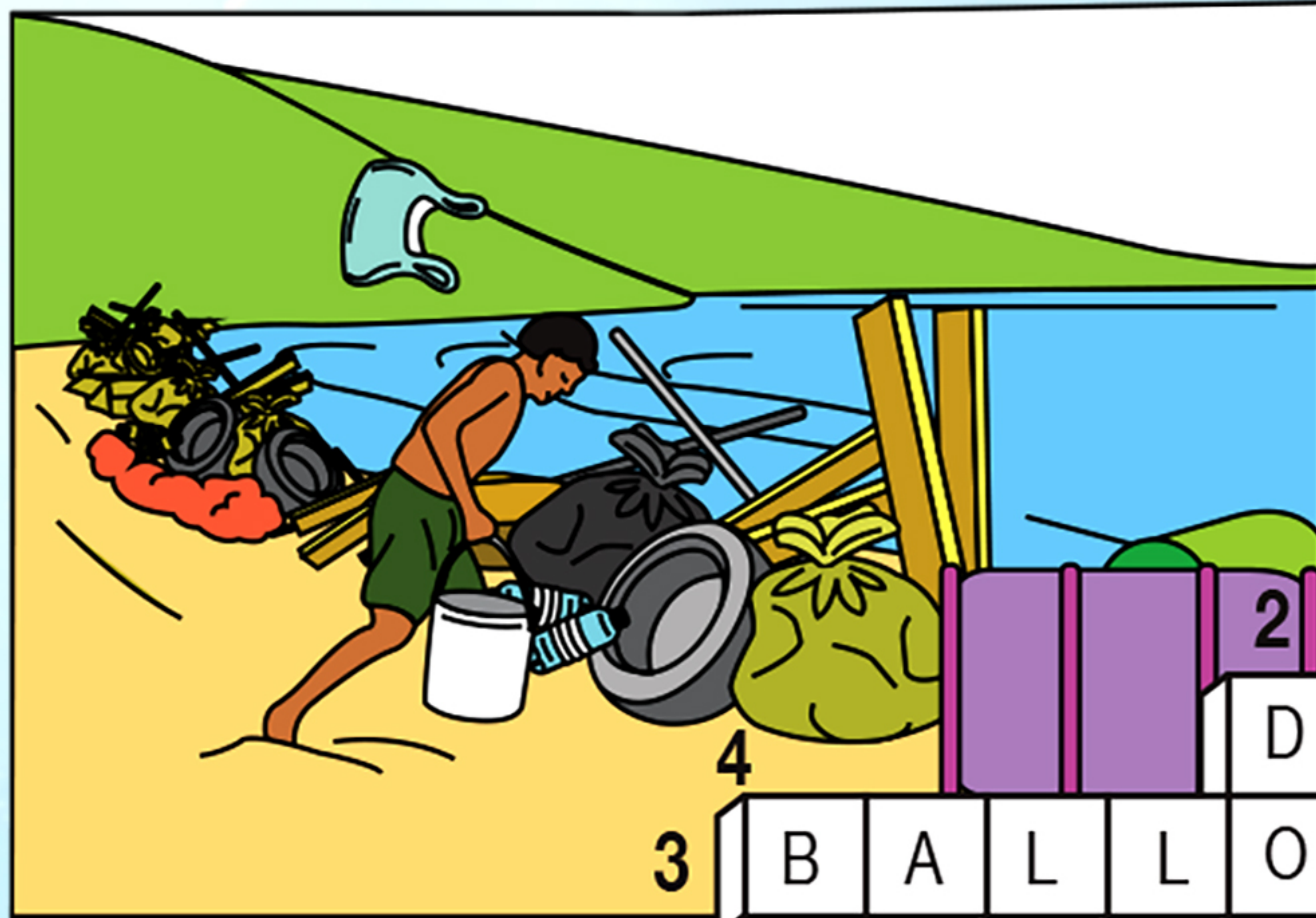
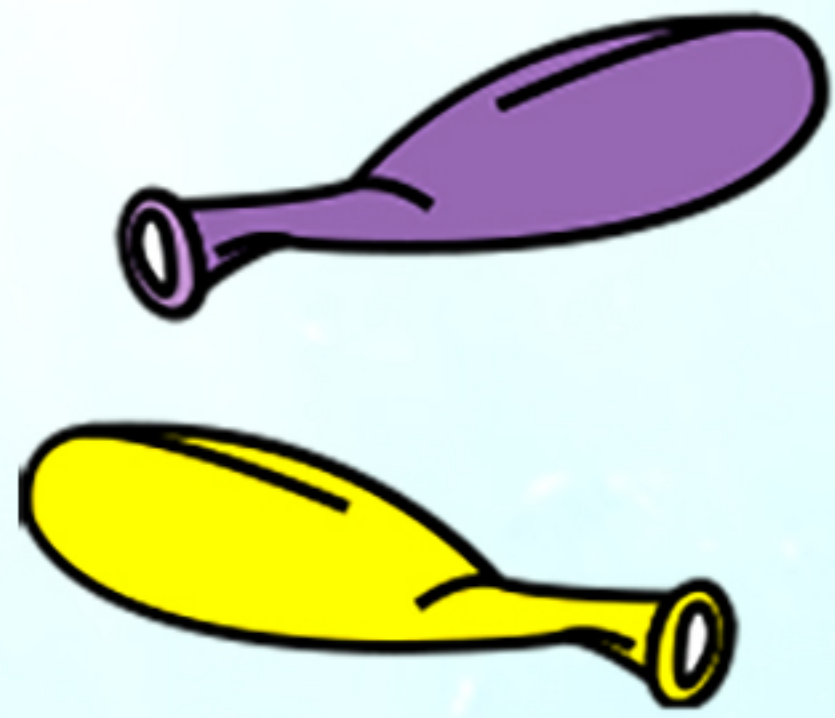
8



## *What Can People Do To Help?*

1. support scientific \_\_\_\_\_ that will help us understand and save our planet
2. \_\_\_\_\_ your old plastic toys, and buy secondhand toys
3. instead of celebrating a birthday with \_\_\_\_\_, try paper streamers or banners
4. drink out of a refillable water \_\_\_\_\_
  5. buy things in bulk to cut down on plastic \_\_\_\_\_
  6. \_\_\_\_\_ as many plastic items as you can
  7. shop with a reusable \_\_\_\_\_ grocery bag
  8. when lighting campfires, use wooden \_\_\_\_\_ instead of lighters

# CROSSWORD KEY



1 R  
E  
D  
3 B A L L O O N S  
O N E  
5 P A C K A G I N G  
T R  
7  
6 R E C Y C L E  
L H  
O  
T  
8 M A T C H E S



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